



THE UPDATE

October 2026

Rooted In Christ, Growing In Faith, Loving Our Neighbor



Women's Circle News For October

Circle #1 will meet on **Monday, October 12th at 6:15 pm** in the Fellowship Hall.

Circle #2 will meet on **Tuesday, October 13th at 2:00 pm** in the Fellowship Hall.

Circle #3 will meet **Tuesday, October 6th at 6:00 pm** at Sarah Kivett's home. We will discuss chapter 2 of our book after we have a yoga and balance lesson.



Our Music Ministry

If you are interested in being a part of the church's music ministry please speak with Sarah Rogers Griffith, Brad Rashley, or any choir member. We work hard in rehearsals but have fun doing so. May the Lord be glorified in our music. Amen!

Our Prayer Group is on Wednesday morning, from 11 am to 12 pm in the parlor. Please join us for a time of fellowship, learning, and prayer. Our small group is growing and knows that as we come together to pray, God is with us and those we lift in prayer!

October Children's Message

October 4 - John Downs

October 11 - Phil Lail

October 18 - Doug Griffith

October 25 - John Downs

October Children's Church

October 4 - Caroline and Kyle Wigley

October 11 - Dot Ingram

October 18 - Elly Shaffer

October 25 - Jan Gantt



October Elder Duty

October 4 - Deborah Chipman and Rob Crawford

October 11 - JD Dotson and John Downs

October 18 - Doug Griffith and Steve Ingram

October 25 - Scott Kennedy and David Lackey

October Nursery Schedule

October 4 - Matt and Jessica Tomlin

October 11 - Jill Dotson

October 18 - Landrea Rhyne and Amanda Chipman

October 25 - DeNeil Suarez and Rachel Guin

Events to come:

Wednesday Communion - Every Wednesday at 12:15 pm in the Sanctuary

Joy Lunch - Wednesday, October 21st at 12:30 pm - Lunch will be provided - **RSVP for catered meal.** Thomas Dotson and company are providing the meal and information about hearing loss.

Forest Park Day - Sunday, October 25th - Meal after the Worship Service.

Wild West Wednesday for children - October 28th from 4:30 pm - 6:00 pm

No Wednesday Night Fellowship Dinner this month

Session Meeting - Thursday, October 29th at 6:30 pm in the Fellowship Hall

Happy October Birthday to You!

2. Rachel Guin
3. Donna Moose
4. Gavin Peet
5. Caroline Lail Wigley
5. Sherry Lackey
8. Phil Lail
8. Pat Moore
14. Brian Suarez
17. Brad Rashley
21. Dan Winslow
23. Sarah Kivett
24. Sue Hoover
30. Scott Jeffreys



Wonderful Wacky Wednesday



Presbyterian Women Lifetime Achievement Award

**The 2026 recipient of the Presbyterian Women Lifetime Achievement Award is
Jill Dotson**



The Honorary Life Membership in Presbyterian Women is conferred upon a woman in recognition of faithful service in areas of the church's work. The 2026 ECO Forest Park Honorary Membership goes to Jill Howard Dotson. Jill has spent nearly her entire life living in or near Iredell county. She grew up in a close-knit family devoted to faith, service, and hard work. Jill met her husband, JD Dotson while in Chapel Hill and the two of them have shared 41 years of marriage. They have raised two sons, Drew and Thomas, and are now proud grandparents to Alice and Liam. Jill and JD joined Forest Park in 1989, and Jill quickly became an active part of the church community. She has served as Deacon, Elder, and Clerk of Session. Today, she remains deeply involved in the Good News Club, the Wacky Wednesday kids club, the Missions Committee, Bible studies, and Circle. Her faith and dedication continue to shape the lives of those around her.

Cancer Support Group

October 15th at 4:00 pm

Imagine churches all over America intentionally reaching out to the lives of cancer families in their community. *Imagine* church volunteers being in the midst of a person's cancer journey to offer companionship and hope. **We will be gathering to start a *Cancer Companions* support group where patients, survivors and their loved ones find connections they need to draw closer to Christ on their cancer journey. Please join us for a monthly cancer support group starting Thursday, October 15 from 4pm to 5pm. We will meet in the Parlor located in the Sanctuary / Office and Sarah Kivett will lead the group. Feel free to invite friends and family to join us. Remember.... "Draw near to Christ and He will draw near to you." - James 4:8**

Thank you letter from Mwandi

Hi from Mwandi,

We remain sincerely thankful for your meaningful contribution and support to the Mwandi UCZ OVC Project.

Your dedication to our cause is truly inspirational, THANK YOU.

God Bless you,

All the Staff, Volunteers and Children



PRAYER LIST - *Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Jesus Christ - 1 Thessalonians 5:16-17*

Assisted Living /Homebound /Currently unable to attend worship - Pat Johnson, Pat McKinney, LA Parks, Jennifer Grant, Jackie Tomlin, Price Kennerly, John and Marilyn Moore, Katherine Myers, Kay Smith, June Sherrill, Susan Ervin.

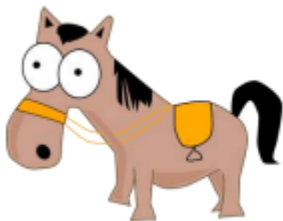
Scott Kennedy – improved heart health; **Johnny Hoover** - healing of his clavicle; **Tommy Chipman** - continued healing; **Larry Beaver** - continued healing; **Rob Crawford** - continued healing; **David Lackey** - pray that therapy will help with his mobility; **Roger Davidson** - pray for healing and minimal side effects from cancer treatments; **Gay Park** - continued strength and complete healing from stroke; **Pat Moore** - recovery from broken hip; **Danny Jackins** - health concerns; **Jane Johnson** - pray for peace and comfort; **Karen Smith** - continued healing; **Missy Peet** - pray for healing and recovery; **Pat Johnson** - recovery from broken hip; **Katherine Myers** - pray for more mobility; **John and Marilyn Moore** - Pray for healing; **Jennifer Grant** - continued healing.

JOY



LUNCH

September's Joy Lunch was attended by over 20 people and we hosted the Director of Philanthropy at 5th Street Ministries, Todd Fowler. Todd shared about the needs of 5th Street and encouraged the group to participate in the 2026 Empty Bowls Annual Fundraiser as well as make lunches for the members of the shelter. **October's Joy Lunch will be October 21st at 12:30 pm - Please RSVP to the church office for the meal catered by Thomas Dotson and company, who will share about hearing loss.**



Outlaws for God:
An Adventure in the Wild West and the Word!

Wonderful Wacky Wednesday will continue with a Western theme on the 4th Wednesday of each month. **Join us on Wednesday, October 28th from 4:00 - 6:00 pm in the Fellowship Hall.**

Help ensure our church's future

Your church is your spiritual home – and so much more. It's the place where children have been baptized, youth have come to know Christ, where couples began a new life together, a place where we gather as the family of God.

It's where community members gather for meals, participate in prayer groups, circle meeting devotions, celebrate communion, enjoy playgrounds and receive food in times of need.

You can bless your church, its community ministry and the generations of Christians who follow you with a gift to your church in your estate. And it doesn't have to be that complicated.

You can leave a gift to your church in the following ways:

- A bequest in your will
- Retirement plan beneficiary
- Life insurance beneficiary
- Proceeds from the sale of real estate or property
- Other ways that suit your situation

Please consider making a gift to Forest Park that tells the story of your hope in Christ. Each will is unique and must be structured to fit the needs and estate plans of each individual. For this reason, you should consult a lawyer to assist you in drafting your will and estate. In October the Session and Stewardship & Finance Committee of Forest Park Presbyterian is asking you to consider making a long lasting and meaningful commitment when you do your estate planning or make changes in your will or investments.

September 2026

Dear Pastor Jeffreys,
Please accept our thanks and extend them to your congregation for allowing us to use your beautiful church and instruments for the Chad Williams benefit. Chad received needed financial and emotional support, and we were glad to be of some assistance.
Sincerely yours,
William Shuford and Joyce O'Neal

October

2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 am - 11:30 am Women's Bible Study	2	3
4 9:45-10:45 SS 11-12 Worship	5	6 6:00 pm Circle 3 at Sarah Kivett's home	7 11:00am -12:00 pm Prayer in the Parlor 12-15 Communion 7:00 pm Choir Practice	8 10:00 am - 11:30 am Women's Bible Study	9	10
11 9:45-10:45 SS 11-12 Worship	12 6:15 pm CIRCLE #1 Fellowship Hall	13 2:00 pm CIRCLE #2 Fellowship Hall	14 11:00am -12:00 pm Prayer in the Parlor 12-15 Communion 7:00 pm Choir Practice	15 10:00 am - 11:30 am Women's Bible Study	16	17
18 9:45-10:45 SS 11-12 Worship	19	20	21 11:00am - 12:00 pm Prayer in the Parlor 12-15 Communion 12:30 pm Joy Lunch 7:00 pm Choir Practice	22 10:00 am - 11:30 am Women's Bible Study	23	24
25 FOREST PARK DAY 9:45-10:45 SS 11-12 Worship Luncheon after Service	26	27	28 11-12 Prayer 12-15 Communion 4-6 pm Wacky Wednesday 7:00 pm Choir NO FELLOWSHIP DINNER	29 10:00 am - 11:30 am Women's Bible Study 6:30 pm Session Meeting	30	31